



PE Department Reading List

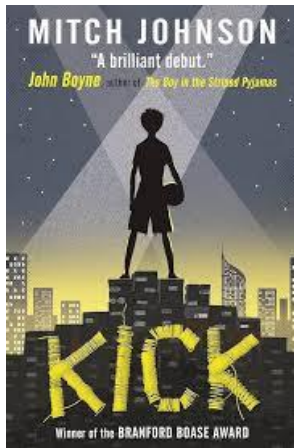
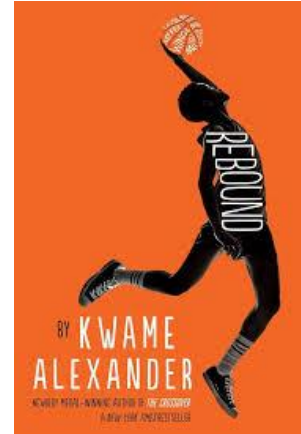
KS3

Fiction

Booked, The Crossover and Rebound by Kwame Alexander

Novels written in verse (like poetry but not usually rhyming) that have football basketball as important aspects of the protagonist's life. All titles are action-packed, emotive and fast to read.

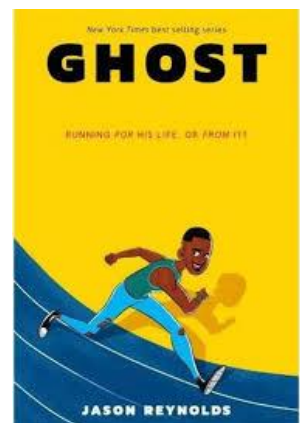
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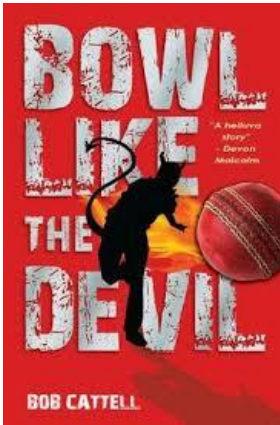


Kick by Mitch Johnson - Budi's going to play for the greatest team on earth, instead of sweating over each stitch he sews, each football boot he makes. But one unlucky kick brings Budi's world crashing down.

Ghost by Jason Reynolds

A boy from a rough background is given a chance to turn his life around when the coach from his local running club recognises his obvious talent.





Bowl Like the Devil by Bob Cattell

Cricket-mad Tyrone is overjoyed when a mysterious stranger shows him how to bowl better than he ever has before. But what price will he have to pay for his new skills?

Rugby Academy by Tom Palmer

Separated by war, Woody, fuelled by his love for football, adjusts to life at a boarding school. In the void left by his pilot dad's deployment, he immerses himself in rugby, navigating a new path with resilience and determination.



Non-Fiction

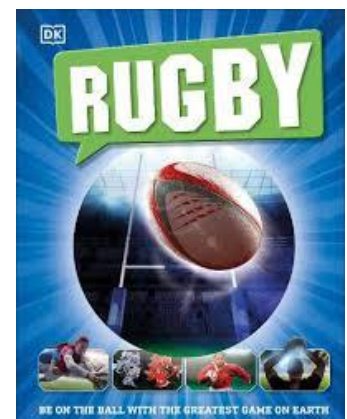


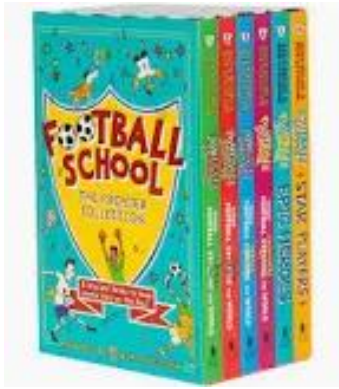
Incredible Sporting Champions by Georgia Bradshaw

Incredible Sporting Champions by Georgia Amson-Bradshaw features biographies of women from various eras who have excelled in the field of sports, showcasing their remarkable achievements in sports history.

Rugby by Dorling Kindersley

This exciting introduction to rugby helps kids get to grips with the rules of the game, learn rugby skills, and stock up on rugby world records.



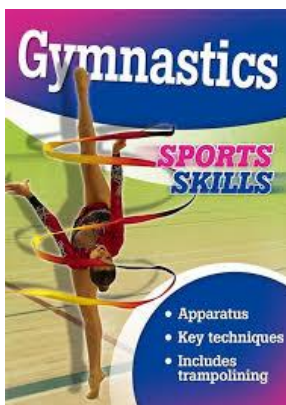
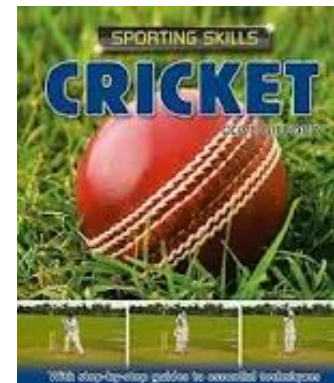


Football School Series by Alex Bellos and Ben Lyttleton

A humorous look at the sport of football and how it influences world culture. There are 3 seasons in the series plus a Star Players title with biographies of 50 influential male and female football heroes.

Cricket by Clive Gifford

A Step-by-Step Cricket Guide that provides a comprehensive approach to mastering cricket - from fundamental drills to in-depth rules.



Gymnastics by Paul Mason

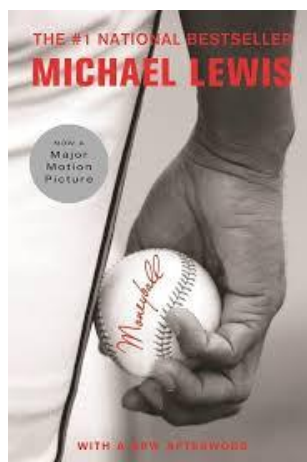
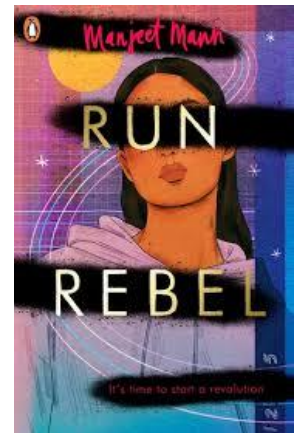
Comprehensive guide to gymnastics containing everything you need to know to participate in the sport, including sections about trampolining.



Fiction

Run Rebel by Manjeet Mann

Amber finds solace in running, escaping her stifling home. Her father expects conformity, but running becomes her silent rebellion against an arranged marriage fate like her sister Ruby's.

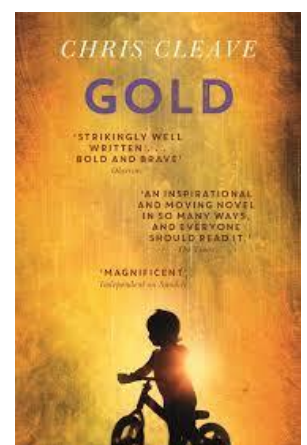


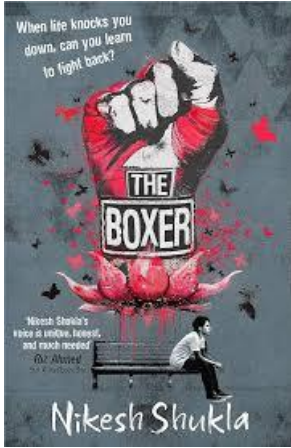
Moneyball by Michael Lewis

Michael Lewis chronicles the Oakland A's, led by visionary GM Billy Beane, and a band of amateur baseball theorists pursuing unconventional insights to challenge established wisdom in baseball.

Gold by Chris Cleave

Zoe Castle embarks on a path to become Olympic cycling champion. The story focuses on the friendship and rivalry between two women and the effects that come from the choices they make and the events that they cannot prevent.



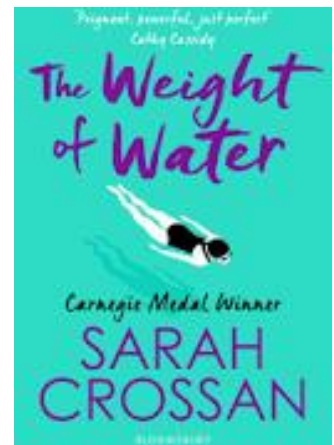


The Boxer by Nikesh Shukla

Amidst isolation in a new city, seventeen-year-old Sunny turns to boxing after a racist attack. Told over ten rounds of his first fight, this story captures his journey to empowerment and connection.

The Weight of Water by Sarah Crossan

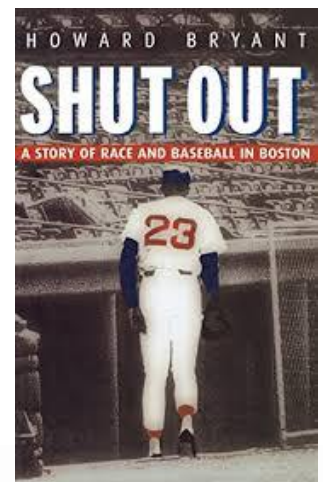
Life is lonely for Kasienska. She misses her old home in Poland and at her new English school friends are scarce. Through swimming and finding an adult she can confide in, Kasienska comes to terms with her depression.

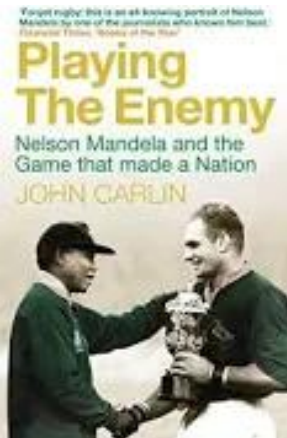


Non-Fiction

Shut Out by Howard Bryant

The compelling story of Boston's racial divide viewed through the lens of one of the city's greatest institutions - its baseball team, and told from the perspective of Boston native Howard Bryant.



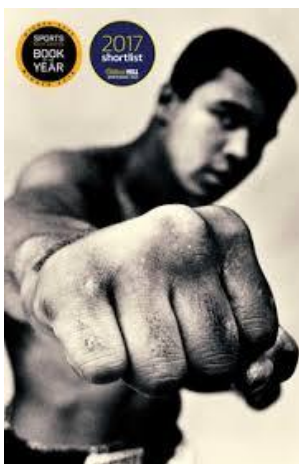
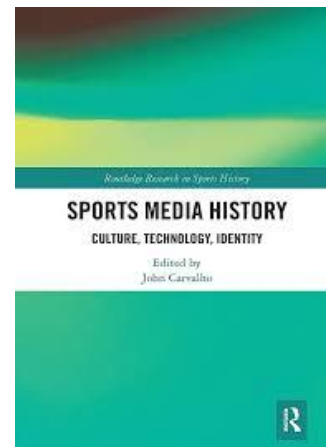


Playing the Enemy by John Carlin

"Playing the Enemy" recounts the remarkable tale of how a sport, once exclusive to South Africa's Afrikaans-speaking minority, became a unifying force in the newly formed rainbow nation.

Sports Media History by Routledge

This research collection explores the ongoing interaction between sports, media, and society throughout important periods in history, from the nineteenth century to the present day.



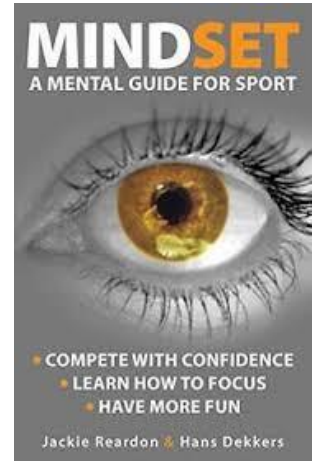
Ali: A Life by Jonathan Eig

The most comprehensive and definitive biography of Muhammad Ali that has ever been published, based on more than 500 interviews with those who knew him best.



Mindset by Jackie Reardon and Hans Dekker

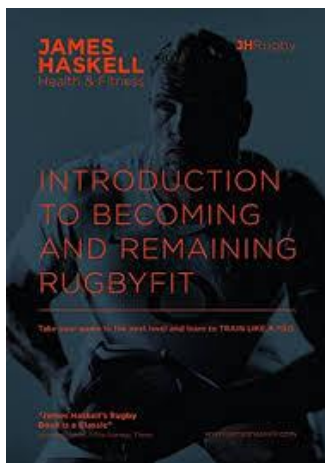
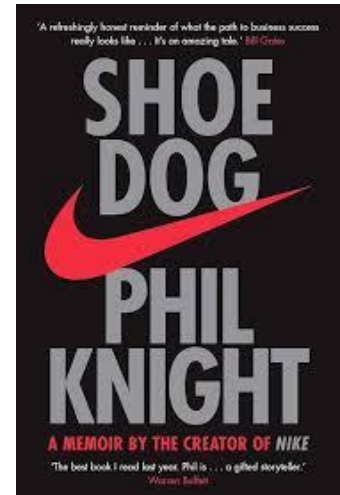
Mindset describes a new way of thinking in sport. A useful guide for anyone engaged in sports.



KS5

Shoe Dog: A Memoir by the Creator of NIKE

In 1962, fresh out of business school, Phil Knight borrowed \$50 from his father and created a company with a simple mission: import high-quality, low-cost athletic shoes from Japan. Selling the shoes from the boot of his Plymouth, Knight grossed \$8000 in his first year. Today, Nike's annual sales top \$30 billion. In an age of start-ups, Nike is the ne plus ultra of all start-ups, and the swoosh has become a revolutionary, globe-spanning icon, one of the most ubiquitous and recognisable symbols in the world today.



Introduction to Becoming and Remaining Rugby fit

As a professional rugby player and renowned athlete, James is widely known for his elite athleticism and commanding physique. As such, it would be fair to say James Haskell knows a thing or two about getting and keeping fit, as well as preparing to play rugby. Since the beginning and the publication of his very first blog, James's mission has been to provide clear, concise information to help both aspiring male and female rugby players, as well as general fitness enthusiasts, to achieve their health and fitness goals.



Wanna Teach PE – Ben Holden

An A-Z guide for the next generation of aspiring teachers

